National Institutes of Health
Office of Extramural Research

Available Resources on the Recruitment and Retention of Women, Racial and Ethnic Minorities, and Individuals Across the Lifespan

Click on the resource title to open the item. You can also check out our FAQ on this topic.

NIH Outreach Toolkit	Created by the NIH Office of Research on Women's Health (ORWH), this toolkit provides recruitment case studies and other important information regarding the recruitment and retention of women in research.
NIA Health Professionals Information website	Provides materials to assist healthcare professionals in communicating with older adults, including considerations for diverse populations. See also this featured research story on minority recruitment.
NIA OutreachPro	Resource from NIA that houses tools to help dementia researchers recruit and engage study participants.
NIH Clinical Research Trials and You: For Researchers and Trial Sites website	Provides links to articles, guidance, and other resources on the recruitment of participants in clinical research.
National Institute of Mental Health (NIMH) Points to Consider about Recruitment	Outlines important considerations for the recruitment and retention of research participants, including women and racial and ethnic minorities.
NIH Grants: Allowable Costs Related to Inclusion Activities	Resource highlighting information from the NIH Grants Policy Statement on allowable costs for recruitment and retention activities that foster inclusion.

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FDA guidance: Enhancing the Diversity of Clinical Trial Populations — Eligibility Criteria, Enrollment Practices, and Trial Designs Guidance for Industry	Provides recommendations for approaches that sponsors of clinical trials can utilize to increase enrollment of underrepresented populations.
NIA Alzheimer's & Dementia Outreach, Recruitment & Engagement Resources (ADORE) website	Repository where researchers can both obtain and contribute recruitment and retention resources for Alzheimer's and Dementia clinical research.
The Community Engagement Alliance (CEAL) Against COVID-19 Disparities website	Includes communication and inclusion resources that highlight the importance of diversity among research participants. Resources include fact sheets, information about clinical trials, handouts, videos and more.
National Center for Advancing Translational Sciences (NCATS) Clinical and Translational Science Awards (CTSA) Trial Innovation Network Toolkit*	Created primarily for researchers participating in the CTSA program, this toolkit is also open to the public as the resources can be adapted for use in other clinical research.